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FROM THE EDITOR

Welcome to June and officially to Winter. We have some great stories inside this month and fabulous events for the month of June.

You can read the courageous story of Shirley Singh. Three of her children were murdered 20 years ago in Bridgeman Downs. Read how her faith and hope have helped her to endure the terrible loss.

Scan the QR code below to hear an exclusive interview with Emily Eklund Power, the author of Shirley's story, on how her life has changed since writing the book. Like our Facebook page and keep an eye out for your chance to win a copy of Emily's book.

There are some fabulous shows and events in and around your community this month. Sample some velvety smooth whiskies while listening to smooth jazz singer Jake Meywes on 24 June.

Bloom sings songs from some of the greatest female singers - Stevie Nicks, Linda Ronstandt and Carole King on 17 June.

And for our younger readers, Play School the concert will bring all your favourite characters live to the stage on 25 and 26 June.

Plus read a history of Chermshire, tackle our crossword and plan your weekend entertainment with our Gig Guide.

Until next month - happy reading, and listening.
Jodie



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WHAT'S HOT AROUND TOWN



STORY PIPER ZUINO

Winter is officially here and this month it is all about staying warm while having fun and soaking up the few months of cooler weather in Brisbane. Both in Chermiside and around Brisbane there are many things you can do to stay warm this winter.

STRAP ON SOME SKATES

Since we are already rugged up in our warmest Winter outfits, it's the best time to check out one of Brisbane's many ice skating rinks. Closer to home Boondall's Olympic Rink has all the makings for a fun day out, with sessions during the day and at night. If you are willing to venture a little further and are looking for an experience under the stars head to Skating in King George Square.

For more information: www.mustdobrisbane.com/archives/skating-festival-brisbane

WINE AND DINE YOURSELF

There is nothing warmer than a nice glass of wine. Brisbane City Winery has endless options from warm reds to fruity whites and a range of food to pair it with. The City Winery sources grapes from across Australia and uniquely makes them in Brisbane.

For more information www.citywinery.com.au/



TAKE A COOKING CLASS

Learn the art of warm winter cooking at Vanilla Zulu Culinary Adventures. There are cooking classes almost every day of the week ranging from Authentic Thai Cooking to Rustic Italian Cooking and specialty classes for Brunch and French Pastries. Food warms the heart and soul and being able to cook it for your loved ones is the best Winter treat.

For more information vanillazulu.com.au/



HEAD TO A DRIVE-IN

The Drive-In movies in Yatala are the best excuse to cuddle up under the stars and a blanket and enjoy the latest release movie. With a range of blockbusters set to be released in June including Elemental, The Flash, No Hard Feelings, Indiana Jones and many others, it's the perfect excuse to head out and about this winter.



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Stone & Wood Brewing Co also offers a fully catered bar for patrons to enjoy all night long with their extensive range of beers and other refreshments.

Nundah by Night is proud to support a range of local businesses including hand-picked artisan stalls and family-friendly activities.

“Get ready for non-stop entertainment for the kids too, with a petting zoo and roving performers to keep the whole family enchanted all night long,” said Linda.

“The unique creations on display are a testament to the creativity and skill of the artists, and you can’t help but be inspired by their work.”

Nundah by Night operates under the Nundah Markets which runs every Sunday morning and is the perfect place for fresh produce, local treats and delicious coffee.

The atmosphere is electric as the sun sinks lower in the sky. Musicians take to the stage, filling the market with the sound of live music. You can’t help but tap your feet to the beat as you browse the stalls, taking in the sights and sounds around you,” said Linda.

For more information visit: www.nundahmarkets.com.au

A NIGHT AT THE MARKETS

STORY PIPER ZUINO

Under the Twilight visit one of Brisbane’s most popular marketplaces and celebrate everything local businesses have to offer.

Nundah by Night Twilight Markets calls on the community to join together and support local businesses while celebrating 15 years of the Nundah Markets in the Chermshire community.

Nundah by Night spokesperson Linda said these markets are a hotspot for gourmet food, craft beer, live music and locally made products.

“The air is buzzing with excitement as the sun begins to set and the Twilight Market comes to life.”

“Foodies unite to get across the international taste sensations on offer! We’re talking crusty cob loaves, South American BBQ plates, handmade steamed and fried Tibetan momos, crispy karaage chicken, no-cheese cheese pulls with decadent vegan pizza, and SO MUCH MORE,” she said.

Nundah By Night Twilight Markets
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THERAPY DOG BRINGING JOY TO PATIENTS

STORY **ALYSSA MACKAY**

PHOTO **JOHN PIRES PHOTOGRAPHY**

M meet Bonnie and Hugo, the newest Delta Therapy Dog team making a difference in the lives of patients and staff at St Vincent's Private Hospital Northside.

The hospital in Chermside has been able to engage the pair thanks to a community initiative and partnership between Northside Bingo and Kedron-Wavell, which sees a local charity receive a \$1000 donation each month.

St Vincent's Private Hospital Northside volunteer coordinator, Sharyn Smith said Bonnie and her Cavalier King Charles Spaniel, Hugo offered companionship and pats for patients, visitors and staff in the cancer care ward.

"This donation is extra special as Delta Dog handler, Bonnie, is a serving defence force member herself so it seemed the perfect match that a donation from Kedron-Wavell RSL support her placement with St Vincent's Private Hospital Northside," Sharyn said.

Delta Therapy Dogs is a national non-profit organisation delivering animal-assisted programs to hospitals, aged care facilities, youth services and

other health and community services.

Sharyn said a five-minute "pat and chat" with Hugo could make a world of difference to a patient, especially as many were missing their own pets.

"When visiting with patients and their visitors, Bonnie and Hugo assess what each patient needs," Sharyn said. "Sometimes it is a chat about Hugo, other times it's a pat and a snuggle in the patient's bed. Because Hugo provides a calm, affectionate presence, patients are often commenting that his visit has made their day and has improved their pain levels."

Bonnie said she first learned about Delta a few years ago when she was dogless and living in Canberra, serving full-time in the Australian Army.

"I thought it was the most wonderful way to bring joy to other people and decided that when I got my own dog, I would investigate what the steps were to us becoming a Delta Therapy Team," Bonnie said.

She found Hugo at a breeder and they attended puppy preschool and dog obedience classes before moving to Brisbane, where she started the process of becoming a volunteer. The pair began visiting the hospital in April this year.

"Hugo and I have completed two shifts in Ward 1C, which is a cancer and palliative care ward," Bonnie said. "We love bringing joy to the staff and patients and look forward to our visits."

For more information about Delta Therapy Dogs go to www.deltatherapydogs.org.au



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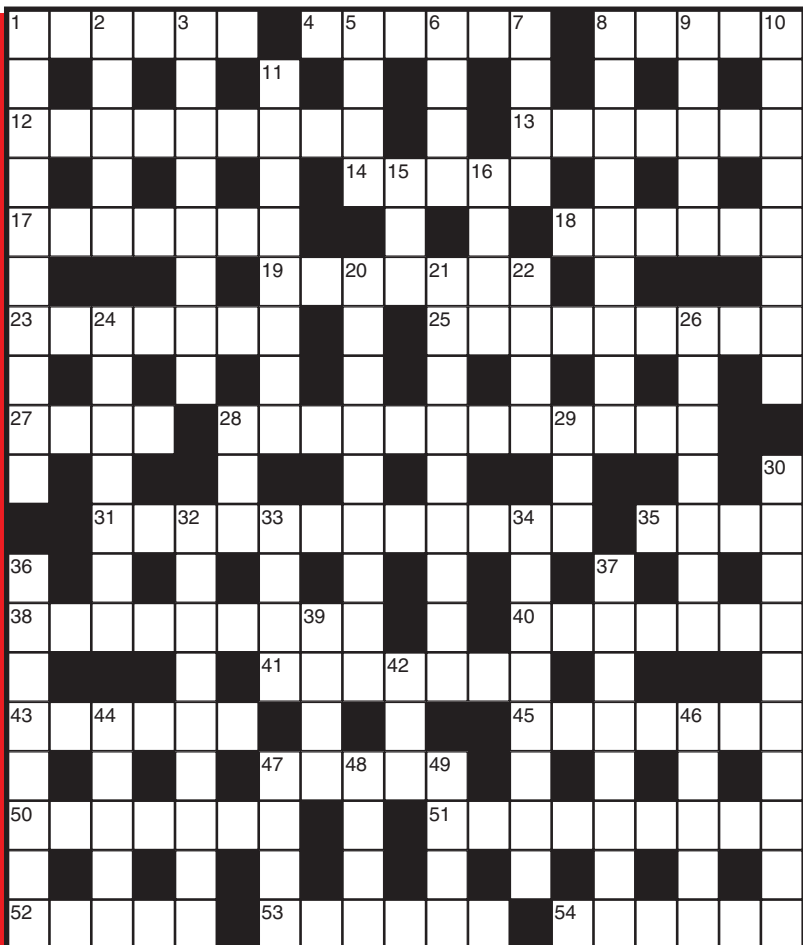


DO YOU HAVE A STORY IDEA?

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ACROSS

- 1 Scientist
- 4 Tight necklace
- 8 Peels
- 12 Increase
- 13 Upper layer of dirt
- 14 Transports
- 17 Secures
- 18 Whisk
- 19 Landscape
- 23 Female singer
- 25 Preliminary model
- 27 Goat with large curved horns
- 28 Consideration
- 31 Mediator
- 35 Let it stand (in editing a

- written work)
- 38 Be too strenuous
- 40 Retinue
- 41 Southern
- 43 Marked as correct
- 45 Rude (3-4)
- 47 Getting on
- 50 Leading
- 51 Unfading
- 52 Incorrect
- 53 Cubes
- 54 Leaseholder

DOWN

- 1 Overalls (6,4)
- 2 Meets
- 3 Sweet frozen food (3,5)
- 5 Cabins
- 6 New Zealander (coll)
- 7 Rodents
- 8 Italian sausage
- 9 Resting place
- 10 Squandered
- 11 Jewel
- 15 The girl
- 16 Couplet
- 20 Inhabitants
- 21 Titbit
- 22 Star
- 24 Childish

- 26 Longest river in China
- 28 Stain with colour
- 29 Plaything
- 30 Audience
- 32 Seesawing
- 33 Flightless bird
- 34 Leant back
- 36 Left-handed (coll)
- 37 Foreword
- 39 Called
- 42 Metal
- 44 Belief
- 46 Water grasses
- 47 Spirited horse
- 48 Information (abb)
- 49 Computer enthusiast (coll)

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Julie French (President) Stephanie Hinrichs wearing glasses (Secretary) co founding members

Community Grant 'Game Changer' for Local Charity

STORY **ALYSSA MACKAY**

PHOTO **JOHN PIRES PHOTOGRAPHY**

Local charity organisation Care Kits for Kids Qld has been busy providing even more essential items to children in need, thanks to the Kedron-Wavell Community Grants Program.

Applications for the 2023 program are now open, giving North Brisbane based individuals and community organisations the opportunity to share in \$175,000 funding for a specific initiative.

Care Kits for Kids Qld secretary, Stephanie Hinrichs said receiving the Kedron-Wavell community grant last year had been a game changer for their sewing volunteers, providing new sewing and embroidery combination machines, coverstitch machines and ScanNCut machines.

"As part of our mission of supplying care kits to children in care or crisis, who often own nothing, these machines help our sewing volunteers make clothing and accessories for our care kits faster, more efficiently and to a very professional standard," Stephanie said.

"The new machines all work beautifully and it is so encouraging for the volunteers to produce beautifully sewn, high quality clothes for children in need. These machines make such a difference in helping us to produce so much more in less time."

Care Kits for Kids Qld provide free care kits to children in out-of-home care or crisis, including homelessness, domestic violence, disaster and extreme poverty. The backpacks contain two days' supply of clothing, toiletries, stationery, toys and books, a handcrafted quilt or wrap and a pocket heart with a message of love and hope.

The charity has provided more than 6000 care kits since it began in February 2018, with 1447 kits provided in 2022 and more than 1650 kits so far this year.

"We are not regularly funded and rely on grants, donations and fundraising to raise the thousands of dollars it takes every month to buy the backpacks and shortfalls in public donations, so that no child misses out on any component of their care kit," Stephanie said.

"We don't want any child to go without. Grants such as the Kedron-Wavell community grant all support this ultimate aim, helping us to create care kits."

The amount of each grant will be based on the merit of the application, but ranges from \$500 to \$10,000 per applicant. Applications close Monday, 31 July.

For more information go to grants.kedron-wavell.com.au. To donate to Care Kits for Kids Qld visit carekitsforkidsqld.org.au

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EXPLORING, CONNECTING AND MAKING A DIFFERENCE

At 70 years, Warwick still has a real love for life and meeting new people. Having spent most of his life working in sales roles, he has a natural ability to connect with others.

Hanging up his boots after 15 years as a senior sales manager in New Zealand, Warwick decided it was time for a change and made the move to Australia. He was soon followed by his three daughters.

His love of people and adventure means

travel has always been a big part of Warwick's life.

"What I love most about travelling is the people. I've been lucky enough to experience many different cultures, taste exotic cuisines, and made countless friends along the way." Warwick said.

Warwick retired at the age of 66, but he did not want to slow down and wanted to stay active within his community. He decided to see what Burnie had to offer.

"Once I saw the activities, gym, café, and all the rest of it – I thought this is for people my age who want to socialise, the activities are affordable, so I signed up as a member."

Before he knew it, he was playing 500, doing aqua aerobics, and even learned how to play mahjong. Warwick soon heard about the transport program at Burnie Brae, which provides services for older people who need to get to appointments, grocery shopping, or other errands.

"I saw Burnie Brae were looking for volunteer drivers. I've been driving all my life and still like talking to people, so I thought why not?"

Warwick loves listening to people's stories, sharing his own experiences, and feels like he is making a real difference in their lives. The wonderful connection Warwick has with Burnie Brae clients makes it easy to give a friendly reminder when needed.

"One lovely lady I pick up regularly asked me one day 'What are you ringing me for?' I said I'm coming to pick you up in 10 minutes. Are you ready? With everything going for her at that time she had forgotten what day it was. So I reminded her she had cards on that day."

Sometimes being a transport driver is a bit like being a superhero, but with a Burnie Brae car instead of a cape.

In many ways, Warwick feels like he is living his best life at Burnie Brae. He can stay active, engaged, connected to others, and he can make a difference.



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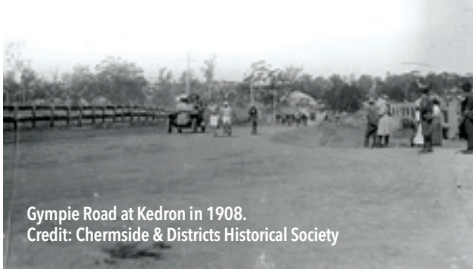
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CHERMSIDE: A HISTORY

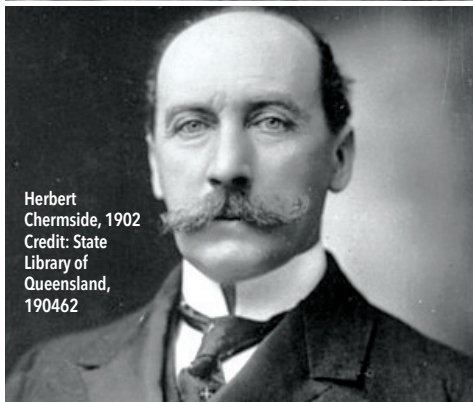
STORY **JULIA LEWIS**



Gympie Road at Kedron in 1908.
Credit: Chermside & Districts Historical Society



The district's first post office, ca. 1884
Credit: Chermside & Districts
Historical Society



Herbert
Chermside, 1902
Credit: State
Library of
Queensland,
190462



Distant view of Military Training Camp (now 7th Brigade Park)
at Chermside, 1916.
Credit: Lost Brisbane

Chermside was originally known as Downfall Creek, which presently forms the northern limit of the suburb. When the Gympie gold rush started in 1867, many travellers heading north would run into trouble at a creek, and it was because of this troublesome waterway that Chermside was first known as Downfall Creek.

Residents were looking for a more appealing name, and when it was revealed that Sir Herbert Chermside would be appointed Governor of Queensland in 1902, they chose Chermside. The name was formally adopted the following year.

Chermside was formerly a farming community. Farm lots were incrementally sold starting in 1865 and continuing until 1868, with the majority of lots being 15-20 acres. After the Gympie goldfield opened in 1867, Gympie Road saw a lot of passing traffic as Cobb and Co. transported supplies and prospectors to the northern workings. A German Quarter was developed close to the intersection of Hamilton and Webster Roads by German immigrants.

Signs of a long-term settlement didn't emerge until the 1870s. A general shop on Gympie Road opened and a Methodist church was formed in 1877. Two years later, a post office was opened and in 1884, Andrew Hamilton was appointed postmaster. Later, Gympie Road was home to blacksmiths and coachbuilders, while Downfall Creek saw the start of multiple slaughterhouses.

In 1911 the Australian census recorded over 400 people in Chermside, and other authorities suggest a figure of 1000 in the district (including Aspley and Chermside West).

East of Marchant Park, along Downfall Creek, there is territory that has been utilised for military training since World War I. The site for the Chermside Army Camp was purchased by the Commonwealth in 1941, which resulted in a massive influx of people and related services. Some of the military buildings were put to use after the war to help with the housing crisis, and the 7th Brigade Park, which is located east of Marchant Park, was named in honour of the military's presence.

Cr Fiona Hammond

Councillor for Marchant Ward



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IT'S PLAY SCHOOL!

STORY **ALYSSA MACKAY**

See the bear in there and the chair as well (not to mention people with games and stories to tell) when Play School Live in Concert comes to town.

For the past 30 years, Kids Promotions have been bringing the popular ABC children's television show to the stage, and this month it returns to Kedron-Wavell for two shows on Sunday, 25 June and Monday, 26 June.

A spokesperson for Kids Promotions said Play School Live in Concert was the perfect way to introduce young children to the magic of live performance.

"Play School has been a beloved part of childhood for generations and we are thrilled to bring the magic of the show to families across

Australia," the spokesperson said.

"We can't wait to see the children's faces light up when they see their favourite Play School characters on stage. This show is perfect for young children and families and we're confident it will be a highlight of the year for many."

Two of Play School's most beloved presenters, Alex Papps and Matthew Backer will be bringing their energy and talent to the stage for this year's special performance, Humpty's Showtime.

Alex said as they toured around the country, they saw how beloved and special Play School was to lots of people and families.

"You cannot beat the atmosphere that comes with performing in front of a live audience," Alex said. "It's very exciting, and great to actually see people's reactions to the show."

Matt agreed that performing in front of a live audience was "so much fun".

"We get to hear the laughs and the screams and the silliness and we get to see all the reactions up close and it's a really great time," Matt said.

The 45-minute, fun-filled interactive experience will also feature some of Play School's most iconic characters, including Big Ted, Little Ted and Jemima as they help Humpty put on a surprise show for the audience.

There will be plenty of familiar songs for the whole family to sing and dance along to, as well as quiet times to allow babies, toddlers, preschool and early school-aged children to watch and listen.

Tickets are \$25 (excluding booking fee). To book go to www.kidspromotions.com.au/whats-on

Play School Live in Concert - Humpty's Showtime
Sunday, 25 and Monday, 26 June, 10am
Kedron-Wavell
21 Kittyhawk Drive, Kedron.

Play School
"Humpty's Showtime"
Concerts

Thurs 22nd June - Tweed Heads
 Frid 23rd June - Toowoomba
 Sat 24th June - Manly West
 Sun 25th June - Cherside
 Mon 26th June - Cherside
 Tue 27th June - The Gap
 Thur 29th June - Ipswich
 Fri 30th June - Bokarina
 Sat 1st July - Cooparoo
 Sun 2nd July - Robina

First session 10.00am
 Bookings Essential
 www.kidspromotions.com.au

@kidspromotions

KIDS AUSTRALIA

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2023

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 CHRISTMAS IN JULY LUNCHEON AT
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 MORNING TEA & LUNCH INCL. \$90.00PP

WEDNESDAY 9TH AUGUST
 EUMUNDI MARKETS
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 LUNCH ONLY INCLUDED \$80.00PP

SATURDAY 9TH SEPTEMBER
 LAIDLEY SPRING FESTIVAL
 VIA GRANDCHESTER
 MORNING TEA & LUNCH INCL. \$80.00PP

TUESDAY 19TH SEPTEMBER
 TOOWOOMBA CARNIVAL
 OF FLOWERS
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FOR BOOKINGS AND ENQUIRIES



AWARD-WINNING LOCAL RECYCLING CENTRE TURNS 40

STORY **ALYSSA MACKAY**

PHOTO **JOHN PIRES PHOTOGRAPHY**

In 1983, a teacher named Harry Johnson established a can-crushing work experience program. Today it's one of the largest school-based recycling centres in the southern hemisphere.

An initiative of Aspley Special School, the Kingfisher Recycling Centre not only processes tonnes of recyclables each year, it also provides training for students with disabilities.

Christine Brownridge, the centre's unit officer, works with two part-time staff and a team of volunteers who sort, repurpose and dismantle the large volume of material coming into the centre each day.

"Kingfisher wouldn't exist without the wonderful support of our volunteers and the local community – their donation of goods are what keep the volunteers busy and the student classroom functioning," Christine said.

The classroom space is used by students at Aspley Special School and neighbouring special schools.

"They learn about wearing PPE gear, how to be safe in a work environment, how to follow instructions, how to use bottle and can crushing equipment, as well as being able to tinker with computers and e-waste and learn how to use tools," Christine said.

Many past students volunteer on a regular basis, including Grant Mackay, who has been a volunteer since 2000.

Members of the public can donate recyclables like cans, glass bottles and jars, electronic equipment, building materials, car batteries, stamps and envelopes and whitegoods, as well as raw vegetable scraps for composting. Some reusable items are resold at reduced costs.

Christine said the benefit to the community was enormous.

"It gives people satisfaction to know that their items are not heading straight for the waste bin," she said. "We get many people expressing their pleasure at supporting the special school. We also know many of our customers love the bargains they find in our small sheds."

The centre has won many awards, including the Brisbane City Councillors' WasteSMART Choice Award in 2020.

Bracken Ridge Ward Councillor Sandy Landers said the centre provided alternative ways residents could choose to recycle everyday items.

"Additionally, in recent years Kingfisher Recycling Centre has become a well-established Council Community Composting Hub, which has in turn provided residents with greater awareness of the centre," Cr Landers said.

"We can all do our part to reduce landfill and reuse by visiting Kingfisher Recycling Centre."

For more information go to aspleyspecs.eq.edu.au/facilities/kingfisher-recycling-centre

**Kingfisher Recycling Centre,
Dorville Road, Aspley.**

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THE FINEST WHISKIES

& ALL THAT JAZZ



STORY **ALYSSA MACKAY**

Spend your Saturday night sampling a range of velvety smooth Johnnie Walker whiskies, accompanied by a stylish jazz concert.

On Saturday, 24 June the North Brisbane Jazz Club will be presenting Johnnie and Jazz in the Kedron-Wavell Sky Lounge, featuring vocalist Jake Meywes.

Jake describes himself as a “modern day crooner” who draws inspiration from the greats, and mixes jazz and soul with modern styling.

“I’ve been singing literally since I was three and professionally since I was 11, starting out in the Queensland Opera,” Jake said.

An accomplished Australian performer, Jake has appeared at music festivals, jazz clubs and on international stages, bringing classic music into the 21st century with songs like Fly Me to the Moon, Close to You and Georgia On My Mind.

At this month’s performance of his show, Standards - Revisited, Jake will appear with an all-star band that includes Richard Saifoloi on keys, bass player Mark Peric, and drummer, Aaron West.

“People can expect to be taken on a musical journey that will take you away from your world for just a couple of hours, revisiting the songs you love and know,” Jake said. “There will be

many timeless, popular songs, in fact all of them are popular. They are standards in the genre – the songs you expect to hear, but reinterpreted through my voice and the band.”

Each Johnnie and Jazz ticket holder will receive a cocktail on arrival and be treated to four Johnnie Walker tastings, including Double Black, Green Label, Gold Reserve and 18 Year Old blended scotch whisky. Those who choose to opt in for the exclusive tasting ticket at an additional \$20 will also be able to sample the second whisky in the Johnnie Walker Blue Label Ghost and Rare series, Port Ellen.

A range of Johnnie Walker whiskies will also be available to purchase on the night at special prices, including the Blue Label Ghost and Rare Port Ellen.

Jake said he was looking forward to performing at Kedron-Wavell for the first time.

“I’m excited for the new venue and a new audience to share the music I love with and hopefully make it an ‘unforgettable’ night, to use a jazz standard pun,” he said.

Tickets start at \$55 (excluding booking fee). To book go to <https://bit.ly/kwjohannieandjazz>

**North Brisbane Jazz Club presents Johnnie and Jazz, Saturday, 24 June, 8:30pm
Kedron-Wavell (Sky Lounge)
21 Kittyhawk Drive, Chermerside.**



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Anika Wells

MEMBER FOR LILLEY

Authorised by Anika Wells, ALP, Nundah QLD 4012



GARDENING COLUMN

Organic Gardening in June

STORY **SALLY EBERHARDT**

Bbbrrrr! Baby, it's cold outside. The cooler temperatures make working outside a pleasure so tackle some of the bigger tasks now. Labour intensive projects like digging new garden beds, putting in paving, building garden structures or doing some repairs and maintenance, are perfect ways to keep warm.

Another way to enjoy your organic garden and escape the chill is with a fire – there is something very relaxing about staring into the flames and basking in their warmth.

Stay within BCC bylaws by ensuring the fire is contained in a barbeque or another cooking device. Grill up some of those beautiful organic vegetables you have been growing. Cube them, if making kebobs, or cut into large slices, marinate in a little olive oil and seasoning (Tuscan Seasoning mix is a personal favourite) and cook up a storm. Use clean and dry combustible material so you don't smoke out your neighbours.

Now is also an opportune time for planning. Cosy up with your hot beverage of choice and scroll the Internet for fabulous garden ideas. Pinterest has beautiful pictures and YouTube will show you how to DIY.

What to plant now – beetroot, silverbeet, cabbages, broccoli, onion family, peas, lettuce, carrots and spinach.

2023 BUDGET REPORT

PREPARED BY TIM WILSHIRE OF CTBS - CONFIDENTIAL TAX & BUSINESS SERVICES, KEDRON

Temporary Full Expensing is Ending

Currently, most businesses that purchase business assets can claim 100% of its price in full, in the year that its purchased and ready for use. This will finish on 30 June 2023. If you need to purchase a business asset and have the cash flow to do so, we recommend you purchase it BEFORE 30 June 2023 to be able to claim 100% of its cost in the 2023 year.

Low-and Middle-Income Tax Offset has Ended

The temporary LMITO was introduced in the 2019 Budget and then extended during the COVID-19 pandemic.

It resulted in extra tax refunds of between \$675 and \$1,500 (depending on your level of income) for individuals. The Government didn't extend the LMITO, so it has ended as of 30 June 2022. Individuals who received an extra tax refund of up to \$1,500 in 2022 will not receive it again this year in 2023.

Lower Asset Write Off Tax Deductions

Compared with prior years, from 1 July 2023 a small business can only claim up to \$20,000 inc. GST as an instant write-off. Any assets that cost more than this amount will be added into the small business simplified depreciation pool and depreciated at 15% in the first year and 30% each year thereafter. Remember, this is a tax deduction, and it is not \$20,000 cash back to you.

Small Business Tax Lodgement Penalty Amnesty

This new amnesty will apply to small businesses with a turnover of less than \$10 million to encourage them to re-engage with the tax system. A small business will not be charged failure-to-lodge penalties for outstanding tax lodgements that are lodged between 1 June 2023 and 31 December 2023 that were originally due between 1 December 2019 to 29 February 2022.

**CTBS - Level 1/449 Gympie Rd, Kedron
(07) 3267 2111**



GROW AND PROTECT YOUR BUSINESS

You'll find a wealth of knowledge & proven advice spanning far beyond just tax compliance at CTBS



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SHIRLEY SHARES HER STORY FOR THE FIRST TIME

Shirley Singh with author of *Shirley's Story*, Emily Eklund Power

STORY **ALYSSA MACKAY**
PHOTO **JOHN PIRES PHOTOGRAPHY**

Twenty years ago, three of Shirley Singh's children were murdered in their Bridgeman Downs home. Now she's telling her story in the hope it may help others.

Shirley's Story: A tale of strength, courage and hope by Emily Eklund Power was written in memory of Neelma, 24, Kunal, 18, and Sidhi, 12, who were killed by Neelma's ex-boyfriend in April, 2003 while Shirley and her husband, Vijay, were on a business trip to Fiji.

Shirley, 72, spoke to the Chermside Guide about how her happy memories and love for her children had helped her stay strong.

"My children were the best children on the face of this earth," she said. "They used to get along so well. They used to laugh, they used to go out. I never saw them fight. They were always there for me. Neelma would say, 'don't cook, you look so tired'. I've got a big house and Kunal used

to vacuum downstairs and Sidhi used to do the dusting. She used to put on Indian costume and jewellery and put music on while she was dusting. And that is what I am doing now when I am doing my chores in the kitchen, I'll put music on."



Shirley shared memories of how Neelma used to laugh ("she can blow the roof off"), Kunal as a popular, witty student who everyone loved, and Sidhi playing jokes on her sleeping father by clipping his toes with pegs so he wouldn't wake up after a toe massage, which Shirley said was "genius".

"My life with them was like they're more my friends, not my children," she said. "If you see my children's photos, you never see a glum face. It's

always smiling. I'm happy that I had such beautiful children, even though it was such a short time."

In 2015, Shirley met local journalist Emily Eklund Power, the daughter-in-law of her best friend, Angie Power.



Neelma, Kunal, Sidhi and Archana in 1997.

"Shirley had been approached to tell her story before, but wasn't ready," Emily said. "I think she trusted me to put the pieces together for her.

"On that first meeting, Shirley cooked for me; curry, roti, and rice. We pored over photos of her children, looking through newspaper clippings of the crimes, and watched VHS tapes of family events. Shirley and Vijay still lived in their home at Bridgeman Downs. The children's rooms appear untouched, although – knowing the gravity of the crimes committed there – I knew they'd been painstakingly redressed.

// In spite of the trauma Shirley experienced in her life, her recollection of events – including her memories of her children and their life together – never ceased to amaze me."

Emily interviewed lead detectives on the case and examined court records and police and witness statements from the longest criminal trial in Queensland's history.

"I appreciate her hard work," Shirley said. "We just wanted all the facts and she did the research."

As the pair began pitching the manuscript to publishers, Emily was forced to add a final chapter to the story she never envisioned – eldest daughter, Archana died of a brain aneurysm in 2020.

"Despite the significant and unimaginable trauma Shirley has faced in her life, her strength is undeniable," Emily said. "She's sassy, passionate and loving. She has a great sense of humour, and is at her happiest when talking about her children.

"I hope she feels proud of the story she's put together in memory of her children, and finds some peace from delivering on something that I think will help others."

Shirley said her message to other victims of homicide, or anyone who had lost a child or family member, was to be strong.

"To be really strong, be courageous and have hope," Shirley said. "Hope leads to faith and faith performs miracles. That is my belief and that is the fact of life."

Shirley's Story: A tale of strength, courage and hope by Emily Eklund Power (AUD \$34.99) and published by Pepper Press is available now at all good bookstores.



"Carole King teaches me how to be conversational in my storytelling through song. She has a raw, authentic vocal which I love, and Stevie Nicks is so mystical and magical in her movement and storytelling. She inspires me to tap into that magic on stage."

Bloom will sing hit after hit, including You're No Good, Blue Bayou, That'll Be the Day, I Feel the Earth Move, It's Too Late, You've Got A Friend, Edge of Seventeen, Rhiannon, Dreams and more.

"The music creates a lot of the magic itself, but my incredible band replicates the sounds and gel so well together if you close your eyes, you are there with the original artist," she said. "It isn't a traditional tribute show – I don't try to pretend to be Stevie, Linda or Carole, but more of a celebration of their biggest hits."

Bloom appeared on The Voice Generations last year. She has performed the Australian national anthem at the Bledisloe Cup, Domain Test Series and Sports Australia Hall of Fame Awards.

BLOOM SINGS THE HITS OF STEVIE, LINDA AND CAROLE

STORY **ALYSSA MACKAY**

Aclaimed singer-songwriter, Bloom is gearing up to deliver a bouquet of vocal powerhouses in a tribute show like no other.

Her latest touring show, the Stevie Nicks, Linda Ronstadt and Carole King Songbook, is coming to Kedron-Wavell this month, presented by AAA Entertainment.

Bloom said each of the three artists inspired her in different ways.

"Linda Ronstadt definitely challenges me to use my whole vocal range and I love that as an artist she was never boxed into one genre," she said.

While touring the Songbook show, Bloom has raised over \$30,000 for Shake It Up Australia, which promotes and funds research for Parkinson's disease. She is also an ambassador for Emerge Australia, an organisation providing support services for people with myalgic encephalomyelitis/chronic fatigue syndrome.

Bloom said she was sure the Kedron-Wavell audience would fall in love with the show.

"To hear all of these hits in one night is pretty special," she said. "It is super nostalgic taking people back to your youth and people me that they are buzzing for days later, so I am excited to introduce the show to you all."

Bloom's album of original music, Elevate will be available to purchase on the night.

Tickets start at \$45 (excluding booking fee). To book tickets go to <https://kedron-wavell.com.au/event/stevie-nicks-carole-king-and-linda-ronstadt-songbook>

Bloom Sings - The Stevie Nicks, Linda Ronstadt, Carole King Songbook

Saturday, 17 June, 7:30-10:30pm
Kedron-Wavell
21 Kittyhawk Drive, Chermshire.



The Superhero Complex - Podcast Review

STORY **NICK ALLFORD**

What if I told you superheroes were real?

Although our emergency service workers are heroes, I'm talking about people in spandex, rocking capes and donning masks. Real people, fighting real criminals. This is the world that my new favourite podcast 'The Superhero Complex' explores.

Journalist David Weinberg interviews a variety of caped crusaders who want to help protect the citizens of Seattle Washington USA and live out their comic book fantasies. Now you may think these mask marauders would be a big bunch of nerds, and for the most part you'd be right. Having said that, the main hero of the piece - 'Phoenix Jones' also packs a punch as a trained mixed martial arts champion. Brandishing his fists, pepper spray and the moniker of 'The world's first legally defined superhero'.

At a glance Phoenix seems as close to the real deal as the world's going to get (minus actual super powers). Which includes a modified \$7,000 Batman costume, sidekicks, and wait for it... even a short-lived catchphrase. What's the worst that could happen? Well apparently, being punched, arrested and stabbed 17 times.

This podcast is superbly produced and a must for those who are fascinated by people's motivation for wanting to do the right thing.

Be sure to check out 'The Superhero Complex' wherever you find your podcasts.

BRAD'S BUSINESS TIPS

What do Business Cash Flow and Bathtubs have in common?

You're probably wondering what bathtubs and cash flow have in common when it comes to your business, so let me explain.



WITH **BRAD FLYNN**

There is the bathtub that's holding the water, a tap and a drain.

We put the plug into the drain, turn on taps with the temperature water we want and let the level rise to the height we want.

Here is how the bathtub connects to your business cash flow.

In your business, the taps represent the sales/income for the business, the drain is the expenses and the level of water in the bathtub is your bank balance.

Imagine there's two horizontal lines around the inside of the bathtub.

We want to make sure we keep the level of the bath or cash between these two lines so we feel comfortable.

The challenge when you are a business owner, is to avoid that sinking feeling of all the water running out of the bath while you are still in it, such that you are left exposed.

Often business owners are too quick to pull the plug out and pay everybody else's bills apart from looking after themselves.

While they are doing that they forget about keeping their taps open through their marketing, advertising and sales.

Having a cash flow forecast for your business can help you know exactly when to open or close the taps and when you can pull the plug out or not.

Get my cash flow forecasting tool at www.businessmentored.com/cashflowtool

Local DINING GUIDE



Dark Tonic
Small Batch Coffee Roasters

18 Corrie Street, Chermside

Cafe

Ph 0406 200 019

DARK TONIC

Feature: Dark Tonic Roasters is a hidden gem. Family run cafe that roasts 2 different blends plus a Single Origin and their own decaf. We sell bags of beans. If you dont have a grinder, no stress we can grind for your home needs.

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Instagram/Facebook @darktonicroasters



323 Newman Rd, Geebung

Restaurant/Club

Ph 3265 3711

GEEBUNG RSL

Feature: Enjoy a delicious meal from our a la carte menu featuring good old favourites or try one of our Chef's Daily Specials. Not a member? Join now for \$5 for life.

Book online at www.geebungrsl.com.au or phone 3265 3711



21 Kittyhawk Dr, Chermside

Casual Dining

Ph 3359 9122

THE KITCHEN

Feature: Come in to relax and enjoy dining on our gorgeous al fresco deck! Conveniently located inside Kedron-Wavell in Chermside, pop in for a cuppa, a sweet treat, or something from our all-day dining menu.

Open 7 days a week from 10am



Carseldine Central, 4/735
Beams Road, Carseldine

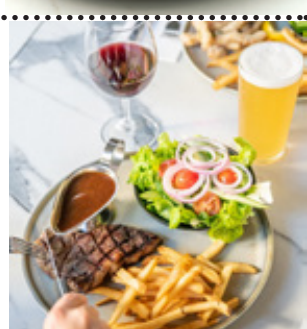
Casual Dining

Ph 3263 2379

5 BOROUGHS

Feature: Gather the gang for a long lunch at 5 Boroughs! In June, visit 5 Boroughs Carseldine, order any lunch special, and get a free glass of house wine, beer, or soft drink* on us. Grab your mates and enjoy!

*Bookings are essential, mention this ad to claim offer!



JUNE What's On.

02 FRIDAY

🎵 **CASSI MARIE IN BRAVO BREWHOUSE**

Kedron-Wavell 6pm

🍷 **WHISKY DINNER**

Aspley Hornets 6:30pm

Join us at the Hornets for an evening of whisky! At \$80pp, enjoy a selection of whisky's, paired with a 4 course degustation menu! Call us on 07 3263 5522 or book online through https://www.stickytickets.com.au/0o7qw/whisky_dinner.aspx

🎵 **SIMONE CUTTING**

Geebung RSL 7pm

🎵 **DJ PETER IN BRAVO BREWHOUSE**

Kedron-Wavell 9pm

03 SATURDAY

🎵 **BEN WORTHINGTON IN BRAVO BREWHOUSE**

Kedron-Wavell 6pm

🎵 **FATE CHANCE**

Aspley Hornets 6:30pm

🎵 **DARRIN LEIGH**

Geebung RSL 7pm

🎵 **DJ BRAD IN BRAVO BREWHOUSE**

Kedron-Wavell 9pm

04 SUNDAY

🍷 **SUNDAY POKER**

Aspley Hornets 11am

Join us in the Hornets Keno Lounge every Sunday for Poker! Registration

from 11am for a 12pm start, first break at 1pm with late entry until 1:30pm.

🎵 **VIC KENA IN BRAVO BREWHOUSE**

Kedron-Wavell 2pm

🎵 **MICHAEL GANT**

Geebung RSL 5pm

06 TUESDAY

🎵 **SIMONE CUTTING**

Geebung RSL 10:30am

🍷 **MUSIC BINGO**

Aspley Central Tavern 6:30pm - 9:30pm
Join us for Music Bingo every Tuesday from 6.30pm. Free to play. Great prizes to be won! Book online or phone 07 3263 4480.

🍷 **TRIVIA TUESDAY'S**

Aspley Hornets 7pm

Quiz Meisters Trivia every Tuesday night from 7pm in the Hornets Premiers Bar! Free entry, club vouchers, beer jugs and pizzas to be won!

07 WEDNESDAY

🎵 **SOUNDBITES**

Kedron-Wavell 11am

🎵 **DAVE GRAY AT SOUNDBITES**

Kedron-Wavell 11am

🍷 **QUIZZAME**

Aspley Central Tavern 6:30pm - 9:30pm
No pens or paper – just wireless buzzers and a Game Show style trivia experience. Join us every Wednesday evening from 6.30pm. Teams welcome. Free to play.

09 FRIDAY

🎵 **JASON TOWERS IN BRAVO BREWHOUSE**

Kedron-Wavell 6pm

🎵 **SINGKEYZ**

Aspley Hornets 6:30pm

🎵 **CRAIG SHAW**

Geebung RSL 7pm

🎵 **DJ BRAD IN BRAVO BREWHOUSE**

Kedron-Wavell 9pm

10 SATURDAY

★ **NUNDAH BY NIGHT TWILIGHT MARKETS**

Station Street, Nundah, QLD 4pm

🍷 **WINE DINNER**

Aspley Hornets 6pm

Join us to celebrate the fresh new flare of Wynns Coonawarra Estate! At \$80pp, enjoy 5 delicious Wynns Coonawarra Wines paired with 5 decadent degustation plates, with the evening hosted by Treasury Wines! Call us on 07 3263 5522 to book or book online at https://www.stickytickets.com.au/5v93d/wynns_wine_dinner.aspx

🎵 **HAYDEN JOHN IN BRAVO BREWHOUSE**

Kedron-Wavell 6pm



🎵 **ROMIO & JULIETTE**

Aspley Hornets 6:30pm

🎵 **DAVE CLAYTON**

Geebung RSL 7pm

🎵 **DJ BRAD IN BRAVO BREWHOUSE**

Kedron-Wavell 9pm

11 SUNDAY

♠ **SUNDAY POKER**

Aspley Hornets 11am

Join us in the Hornets Keno Lounge every Sunday for Poker! Registration from 11am for a 12pm start, first break at 1pm with late entry until 1:30pm.

🎵 **BRAD WILD IN BRAVO BREWHOUSE**

Kedron-Wavell 2pm

🎵 **JARED ALEXANDER**

Geebung RSL 5pm

13 TUESDAY

♠ **MUSIC BINGO**

Aspley Central Tavern 6:30pm - 9:30pm

Join us for Music Bingo every Tuesday from 6.30pm. Free to play. Great prizes to be won! Book online or phone 07 3263 4480.

♠ **TRIVIA TUESDAY'S**

Aspley Hornets 7pm

Quiz Meisters Trivia every Tuesday night from 7pm in the Hornets Premiers Bar! Free entry, club vouchers, beer jugs and pizzas to be won!

14 WEDNESDAY

🎵 **MORNING MELODIES WITH ROB ROSENLUND**

Aspley Hornets 10:30am

🎵 **SOUNDBITES**

Kedron-Wavell 11am

🎵 **TRACY VAUGHAN AT SOUNDBITES**

Kedron-Wavell 11am

♠ **QUIZZAME**

Aspley Central Tavern 6:30pm - 9:30pm

No pens or paper – just wireless buzzers and a Game Show style trivia experience. Join us every Wednesday evening from 6.30pm. Teams welcome. Free to play.

16 FRIDAY

🎵 MURRAY LLOYD IN BRAVO BREWHOUSE

Kedron-Wavell 6pm

🎵 BRETT WHITMORE

Aspley Hornets 6:30pm

🎵 DAVID J

Geebung RSL 7pm

🎵 DJ PETER IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

20 TUESDAY

♠️ MUSIC BINGO

Aspley Central Tavern 6:30pm - 9:30pm
Join us for Music Bingo every Tuesday from 6.30pm. Free to play. Great prizes to be won! Book online or phone 07 3263 4480.

♠️ TRIVIA TUESDAY'S

Aspley Hornets 7pm
Quiz Meisters Trivia every Tuesday night from 7pm in the Hornets Premiers Bar! Free entry, club vouchers, beer jugs and pizzas to be won!

17 SATURDAY

🎵 SARAH ALICE IN BRAVO BREWHOUSE

Kedron-Wavell 6pm

🎵 DJ BRAD IN BRAVO BREWHOUSE

Kedron-Wavell 9pm

18 SUNDAY

♠️ SUNDAY POKER

Aspley Hornets 11am
Join us in the Hornets Keno Lounge every Sunday for Poker! Registration from 11am for a 12pm start, first break at 1pm with late entry until 1:30pm.

🎵 FORTUNATO

Geebung RSL 12:30pm

🎵 AMBER WORTHINGTON - BRAVO BREWHOUSE

Kedron-Wavell 2pm

🎵 DAVO

Geebung RSL 5pm

♠️ MUSIC BINGO

Aspley Hornets 7pm
Join at the Hornets Premier's Bar every 3rd Sunday of the month for a night of Music Bingo fun!

21 WEDNESDAY

🎵 BILLY GUY AT SOUNDBITES

Kedron-Wavell 11am

🎵 SOUNDBITES

Kedron-Wavell 11am

♠️ QUIZZAME

Aspley Central Tavern 6:30pm - 9:30pm
No pens or paper – just wireless buzzers and a Game Show style trivia experience. Join us every Wednesday evening from 6.30pm. Teams welcome. Free to play.

23 FRIDAY

🎵 CHANDLER JAY AT BRAVO BREWHOUSE

Kedron-Wavell 6pm

🎵 BAWDO & THE BEAR

Aspley Hornets 6:30pm

🎵 DARREN J RAY

Geebung RSL 7pm

🎵 DJ BITZA AT BRAVO BREWHOUSE

Kedron-Wavell 9pm

24 SATURDAY

🎵 DARCY IN BRAVO BREWHOUSE

Kedron-Wavell 2pm

🎵 **FREE AGENTS**

Aspley Hornets 6:30pm

🎵 **GORAN SEDLAR**

Geebung RSL 7pm

★ **JOHNNIE AND JAZZ**

Kedron-Wavell (Sky Lounge) 8:30pm

🎵 **JAKE MEYWES IN BRAVO BREWHOUSE**

Kedron-Wavell 8:30pm

🎵 **DJ BRAD IN BRAVO BREWHOUSE**

Kedron-Wavell 9pm

25 SUNDAY

★ **HUMPTY'S SHOWTIME**

Kedron-Wavell 10am

♠ **SUNDAY POKER**

Aspley Hornets 11am

Join us in the Hornets Keno Lounge every Sunday for Poker! Registration from 11am for a 12pm start, first break at 1pm with late entry until 1:30pm.

🎵 **TRACY VAUGHAN IN BRAVO BREWHOUSE**

Kedron-Wavell 2pm

🎵 **MIKE WHITMORE**

Geebung RSL 5pm

26 MONDAY

★ **HUMPTY'S SHOWTIME**

Kedron-Wavell 10am

27 TUESDAY

♠ **MUSIC BINGO**

Aspley Central Tavern 6:30pm - 9:30pm
Join us for Music Bingo every Tuesday from 6.30pm. Free to play. Great prizes to be won! Book online or phone 07 3263 4480.

♠ **TRIVIA TUESDAY'S**

Aspley Hornets 7pm

Quiz Meisters Trivia every Tuesday night from 7pm in the Hornets Premiers Bar! Free entry, club vouchers, beer jugs and pizzas to be won!

28 WEDNESDAY

🎵 **MARCO AT SOUNDBITES**

Kedron-Wavell 11am

🎵 **SOUNDBITES**

Kedron-Wavell 11am

♠ **QUIZZAME**

Aspley Central Tavern 6:30pm - 9:30pm
No pens or paper – just wireless buzzers and a Game Show style trivia experience. Join us every Wednesday evening from 6.30pm. Teams welcome. Free to play.

30 FRIDAY

🎵 **CANDICE LONG IN BRAVO BREWHOUSE**

Kedron-Wavell 6pm



🎵 **BRETT PATMAN**

Geebung RSL 7pm

🎵 **DJ BITZA AT BRAVO BREWHOUSE**

Kedron-Wavell 9pm



SPIDER-MAN: ACROSS THE SPIDER-VERSE

Miles Morales returns for the next chapter of the Oscar®-winning Spider-Verse saga, an epic adventure that will transport Brooklyn's full-time, friendly neighbourhood Spider-Man across the Multiverse to join forces with

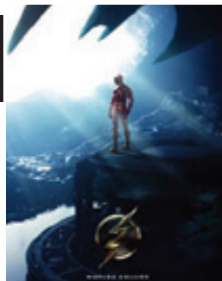
Gwen Stacy and a new team of Spider-People to face off with a villain more powerful than anything they have ever encountered.

Main Cast: Oscar Isaac, Hailee Steinfeld, Shameik Moore

Genre: Action, Adventure, Family

Release Date: 01 June 2023

Rating: CTC



THE FLASH

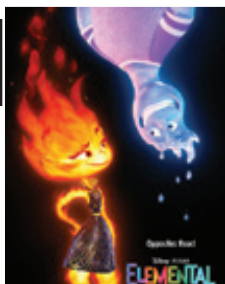
Worlds collide in "The Flash" when Barry uses his superpowers to travel back in time in order to change the events of the past. But when his attempt to save his family inadvertently alters the future, Barry becomes trapped in a reality in which General Zod has returned, threatening annihilation, and there are no Super Heroes to turn to.

Main Cast: Ezra Miller, Ben Affleck, Michael Keaton, Maribel Verdú, Ron Livingston

Genre: Action, Adventure, Fantasy, Science Fiction

Release Date: 15 June 2023

Rating: CTC



ELEMENTAL

Disney and Pixar's Elemental is an all-new, original feature film set in Element City, where fire-, water-, land- and air-residents live together. The story introduces Ember, a tough, quick-witted and fiery young woman, whose friendship with a fun, sappy, go-with-the-flow guy named Wade challenges her beliefs about the world they live in.

Main Cast: Wendi McLendon-Covey, Mamoudou Athie, Catherine O'Hara, Ronnie Del Carmen, Leah Lewis, Shila Ommilinnocent Ekakitie, Mason Wertheimer

Genre: Adventure, Animation, Comedy, Family

Release Date: 15 June 2023

Rating: CTC



TRANSFORMERS: RISE OF THE BEASTS

Returning to the action and spectacle that first captured moviegoers around the world 14 years ago with the original Transformers, Transformers: Rise of the Beasts will take audiences on a '90s globetrotting adventure and introduce the Maximals, Predacons, and Terrorcons to the existing battle on Earth between Autobots and Decepticons. Directed by Steven Caple Jr. and starring Anthony Ramos and Dominique Fishback, the film arrives in cinemas in 2023.

Main Cast: Ron Perlman, Anthony Ramos, Dominique Fishback

Genre: Action, Adventure, Science Fiction

Release Date: 22 June 2023

Rating: CTC



June Releases

The Boogeyman
 Spider-Man: Across the Spider-Verse
 Sweet As

..... 1st

Adipurush
 Jawan (Hindi, Eng Sub)

..... 2nd

The Black Demon
 Strays
 The Tank

The Unlikely Pilgrimage of Harold Fry

..... 8th

Elemental
 The Flash
 The Last Daughter
 You Hurt My Feelings

..... 15th

Warren Miller's Daymaker

..... 18th

Asteroid City
 Cats in the Museum
 Driving Madeleine
 No Hard Feelings
 Transformers: Rise of the Beasts

..... 22nd

Maidaan (Hindi, Eng Sub)
 Satyaprem Ki Katha (Hindi, Eng Sub)

..... 23rd

Indiana Jones and the Dial of Destiny

..... 28th

Belle & Sebastian: The Next Generation
 Carry On Jatta 3 (Punjabi, Eng Sub)

..... 29th



Steven Benbow

THE ART OF CONVERSATION

STORY **PIPER ZUINO**

PHOTO **JOHN PIRES PHOTOGRAPHY**

There's nothing more awkward than obligatory small talk that inevitably leads to Awkward Silence. But why can't conversations be more than this?

Conversations have the power to inspire new decisions and allow people to feel recognised and heard while highlighting the importance to discover, learn and grow.

The creative mind behind Awkward Silence, Steven Benbow, wants to elevate expectations of conversations beyond common defaults of weather and sport.

Awkward Silence is an initiative that provides subscribers with weekly conversation starters that inspire meaningful conversations that can lead to deeper human connections.

Steven said Awkward Silence gives people the tools for having new conversations but also fosters an attitude of recognising conversation as our greatest commodity.

"So now instead of asking someone what they do for a job, I ask them which embarrassing movie they love. Instead of asking 'How are you?', I ask them what the weirdest thing they've ever eaten is. Instead of asking them what team they barrack for, I ask what their favourite smell is," he said. "You see their eyes shift; this conversation is going to be a new experience. And once you get someone

engaged, it leads to bigger questions like what they are passionate about, and what great mysteries they are wrestling with."

Steven aims to spark all kinds of conversations with multiple outcomes. Fun conversations are about discovering each other's unique quirks and personalities and deep and meaningful conversations help us to build understanding and mutual respect.

Awkward Silence is also about reconnecting with those we have conversations with every day.

"One of my favourite messages was from a subscriber who said he uses Awkward Silence while going for walks with his wife of 35 years, and it reminds them of the joy of getting to know each other when they first met.

"Awkward Silence gives you an excuse to ask the questions that never get asked normally. We have subscribers from every continent, and I'm excited by people all over the world embracing a new hemisphere of conversation," Steven said.

Steven believes that everyone has a story to tell. Awkward Silence gives people the tools to share their stories with the world.

"My aim with Awkward Silence is to start a social revolution where an interesting opening question with someone is expected rather than avoided. I want to inspire new ideas, healthier relationships, and memorable conversations," he said.

For more information about Awkward Silence and to find out how to get talking, visit: awkwardsilence.com.au/

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A WORD FROM OUR REPRESENTATIVES

Summer seems like a distant memory and the temperature is dropping, it's a timely reminder to get your flu vaccination. The 2023 flu shot is now available at GPs and pharmacies, providing coverage against both Influenza A and B strains. By getting vaccinated now, you'll have the best protection before the flu season peaks in August.



WITH **BART MELLISH MP**

Unfortunately the cold also represents an increase in energy costs through heating.

We're working with the Federal Government to deliver \$500 in cost of living relief for eligible Queensland households and \$650 for eligible small businesses by way of the Energy Bill Relief Fund.

My inaugural Aspley Small Business Awards was a resounding success with hundreds of residents voting for the small businesses they love and trust. I will continue to run this in years to come and I'm sure it will get bigger and better every year.

At the time of writing voting is still open so check out my socials for the Winners, however I do congratulate all the finalists and

thank you for getting involved.

Cafes - The Coffee Club Aspley, Souly Olive, Milk & Froth, Ahoy Coffee Co. and Deja Bru Cafe

Bars and Restaurants - Little Nonya Kitchen, Cold Rock Ice Creamery Aspley, Dosa Hut Aspley, Ivy's Pizzeria and Aspley Hornets

Cosmetic and Hairdressing - Aspley Skin and Beauty, Hair on Piccadilly, Mancave Barbershop, Bald Hills Hair Designs and Stay Local Barbershop

Early Education Centres - Flutterbys Childcare, Journey Early Learning Carseldine, Avenues Early Learning Aspley, Milestones Early Learning Aspley and Goodstart Early Learning Aspley

Health and Fitness - Fitness Cartel Aspley, UBX Aspley, Fitstop Aspley, BFT Aspley and Relax Yoga Chermide West

Retail and Sales - AMCAL Pharmacy Aspley, Little Fox Lane, Aspley Day & Night Pharmacy, Top Spot Fruit Mart and Carseldine Quality Meats

Trade and Services - Ray White Aspley, Beat Connection, McDowall Veterinary Practice, ShieldTech Locksmiths & Security and Image Property Aspley

The Albanese Labor Government last month handed down the 2023-24 budget, and there is cost-of-living relief for Northsiders who need it most.



WITH **ANIKA WELLS MP**

Lilley residents have told me they are struggling to find a bulk-billing GP. That's why we have announced the largest ever increase to the bulk-billing incentive in the history of Medicare. This will provide an immediate benefit to 65,989 people in Lilley.

The government is making hundreds of common medicines cheaper, by allowing millions of Australians to buy two months' worth of medicine for the price of a single prescription.

This change will save patients up to \$180 per year, and will benefit more than 37,707 Lilley residents.

In addition, fortnightly Centrelink payments will increase for 8510 people in Lilley under our package.

And 9025 local households will benefit from a 15% boost to the maximum rates of Commonwealth Rent Assistance.

We are also increasing funding by an additional \$54.3 million to critical Australian Apprenticeship supports to improve completion rates, including for 2975 apprentices currently in training in Lilley.

I'll be sending more budget news out soon, so keep an eye on your letterbox.

Wow, I cannot believe that we are already in June, halfway through the year!

It's disappointing that I have to mention that June 15 has been designated by the United Nations as World Elder Abuse



WITH **CR FIONA HAMMOND**

Awareness Day, however we are seeing more and more reports in our newspapers of this exact crime.

What is Elder Abuse?

Elder abuse is mistreatment of an older person that is committed by someone with whom the older person has a relationship of trust such as a partner, family member, friend or carer.

The abuse may be physical, social, financial, psychological or sexual and can include mistreatment and neglect. If someone you know may be suffering from elder abuse, call the Elder Abuse Helpline on 1300 651 192 for free confidential advice and support.

On a happier note, I am looking forward to the completion of the fantastic new play area at Bradbury Park at the end of this month.

After nearly 2 years, Bradbury Park will be transformed by the adventure playground which will challenge the bravest of kids. Along with the scooter track and Magic Forest which were opened a couple of years ago, this completes the work, along with an enlarged carpark and toilets.

I look forward to welcoming families to what will be an iconic park on the northside.

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As your voice in State Parliament, I've been putting our community first and fighting to deliver cost-of-living relief for residents and tackling the pressures we face in the housing market with significant law changes.



WITH **JIMMY SULLIVAN MP**

I've also been championing the delivery of important local projects, from major expansions at The Prince Charles Hospital, upgrades to the Chermside Bus Interchange, the new Wilston State School Hall and much more, there's lots happening across the Northside.

I also recently hosted my first Youth Advisory Council which provides youth leaders throughout Stafford, a direct voice on issues that are impacting them directly. Some of those same leaders accompanied me on visits to Parliament House during recent sitting weeks and I thank Wavell State High, Kedron State High and Padua College for the opportunity to share this experience.

**THE BIG ONE
 CROSSWORD
 ANSWER KEY**

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Playground Named Uncle Lewis Orcher Place

STORY **ALYSSA MACKAY**

A local playground will be named in honour of Aboriginal Elder, Uncle Lewis Orcher, who lived and worked in the community for more than 60 years. This month, the revamped playground at O'Callaghan Park in Zillmere will be unveiled as Uncle Lewis Orcher Place.

Deagon Ward Councillor Jared Cassidy said Uncle Lewis was a fierce advocate, a compassionate Elder and a real friend to many on the Northside.

"As a long-term Zillmere local and respected community Elder, Uncle Lewis had a strong connection to O'Callaghan Park and the nearby Zillmere PCYC, becoming a vital part of their Aboriginal and Torres Strait Islander Youth Justice Program," Cr Cassidy said.

Uncle Lewis was a founder of Koobara Kindy, which began in 1974.

Whackadoo! Stafford State School on Bluey!

STORY **ALYSSA MACKAY**

Stafford State School is set to become world famous after appearing in one of Australia's most watched children's television programs.

Keen-eyed viewers spotted the school when it made a brief, but very special appearance in a recent episode of popular animated series, Bluey.

The season three episode, Show and Tell, includes a scene where father Bandit, Bluey and her sister, Bingo drive past the school on Stafford Road in the Heeler family 4WD. In the scene, the painted traffic signal box outside the school can also be seen – and locals (and Bluey fans) will instantly recognise this particular box, because it features Bluey artwork.

In 2021, a team of Bluey artists from Brisbane-based Ludo Studio painted 'Bluey's Brisbane' on the traffic signal box. It features a colourful

Gloria at Koobara Kindy said Uncle Lewis attended meetings with Brisbane City Council about moving the kindergarten from the old church hall to a new, safe site.

"He was a very strong advocate for social justice for Aboriginal and Torres Strait Islander families and kids, especially children, giving them access to an early childhood centre such as Koobara where they are taught by Indigenous educators about their identity and to be proud of who they are," Gloria said.

Uncle Lewis was instrumental in organising the first Northside community NAIDOC celebration at O'Callaghan Park.

"We learnt a lot from him and he was like a library in himself, always speaking words of wisdom," Gloria said. "We still live in his dream of keeping the doors of communication open – to continue his legacy. He was a great mentor."

Keep an eye on Councillor Jared Cassidy's Facebook page for details about a special opening and dedication to Uncle Lewis Orcher Place.



life-sized image of Bluey and Bingo on one side, and the Heeler house and Bluey's school on the other side, along with other Brisbane-inspired locations from the show. The work was created as part of Brisbane City Council's Artforce Brisbane program.

Bluey screens on ABC in Australia and overseas on BBC and Disney Plus. It has won Best Children's Program at the AACTA Awards four years running and is now one of the most streamed shows in the United States.

Aspley Wynns Wine Dinner

Pair 5 Wynns Coonawarra wines with 5 decadent degustation plates at Aspley Hornets on Saturday June 10. Hosted by Treasury Wines, enjoy a delicious meal and lively conversation about all things wine. For tickets and more information go to: www.aspleyhornets.com.au/specialevents/

Chermside Nature Journaling

Join Brisbane City Council's Environment Centre staff for a short, gentle nature walk and learn the basics of the calming, creative practice of Nature Journaling. This free event will be held on Saturday 17 June. Venue: Chermside Hills Reserve, 412 Trouts Road, Chermside West. For more information visit: foodandwine.events/event/17823314-a/nature-journaling-chermside-hills

Geebung Fab Finds Markets

On Sunday 25 June, head over to the Geebung Bowls Club to discover a second-hand wonderland of clothing and bric-a-brac. Located at Geebung Bowls Club, 21 Thompson Street Zillmere the markets go from 8am til 12pm. For more information go to: www.fabfindsmarkets.com.au

Banyo Waiting for Brenda

All In Brewing Banyo host 'Waiting For Brenda' on Saturday 10 June from 4pm to 7pm. Head down to listen to some toe tapping tunes including country, bluegrass, irish punk and 80's covers. Entry is free and food trucks have dinner sorted for the night.

Strathpine Health & Psychic Expo

If you are interested in holistic health and energy healing, the health and psychic expo might be the event for you. Hosted by It's All in the Cards, this year's health and psychic expo will take place at the Strathpine Community Hall on Saturday 3 June. Entrance

via Mecklam Street Strathpine, and the event will run from 9.30am til 3.30pm. Entry is \$5

Kedron Lions FC Comedy Night

Head down to the Kedron Lions Football Club on Saturday 3 June for a night of laughs and fun. Join three cracking comedians who will make sure you go home with your sides split from laughter. For more details head to their Facebook page.

Virginia Baby & Kids Market

On Saturday 1 July, head to Vend Marketplace for a pop up Baby and Kids Market for new and expecting parents. There will be a jumping castle, face painter, soft play and more. VEND is located at 1768 Sandgate Road, Virginia. For more details head to their Facebook page.

Free Native Plants

Would you like free native plants for your garden? Just follow these three easy steps from Brisbane City Council to claim your plants.

1. Visit a library (except mobile libraries), Council Regional Business Centre or ward office and present a paid rates notice or written authority from the property owner or property manager from the current financial year. Public housing and Defence Housing residents must provide evidence of a recent rental payment.
2. You will receive an approved stamped Free Native Plants voucher. Visit a participating retail nursery and exchange your voucher for two free native plants.
3. Residential ratepayers and residential tenants will be required to obtain a Free Native Plants voucher before visiting a participating retail nursery.

Would you like to contribute?

Is there something happening in your community you'd like to share? Email: admin@3bmedia.com.au



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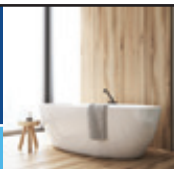


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Bart Mellish MP
State Member for Aspley

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